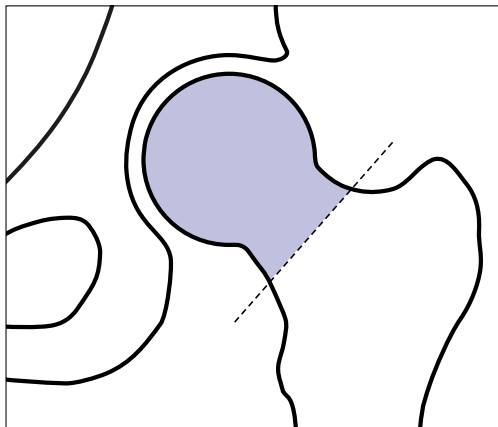


Information for patients

# Donating Your Hip bone



# Bone and Tissue Bank



When you have a hip replacement, part of your thigh bone (called the femoral head) is taken out. Instead of throwing it away, you can donate it to help other patients.

Your bone can help people with serious spine problems or those who need another surgery later. It is kept safely in a super cold freezer for up to 5 years.

On the day of your surgery, we will take a small blood test to check for infections like HIV/HTLV, Hepatitis B and C, Syphilis. This is something many donors do to help make sure the donation is safe.

The rules say we also need to do one more blood test after 6 months. If any infection is found, your bone will not be used – but help and treatment will be offered if needed.

**Donating your bone is amazing but some people can't do it because of health risks. This helps keep everyone safe. You can't donate if you have or had:**

- Bone diseases like Rheumatoid Arthritis (ask the team if you're not sure)
- Cancer, leukaemia, or lymphoma
- Brain conditions like Dementia, Alzheimer's, Parkinson's or MS
- A serious infection or vaccination in the last 8 weeks
- Growth hormone or infertility treatment before 1985
- A blood transfusion since 1980
- You've had certain types of sex or used injected drugs in the last 3 months

- You have or think you might have HIV or hepatitis
- You've taken or swallowed dangerous things like gold, mercury, lead, or cyanide
- You had tattoos, piercings, acupuncture, or permanent make-up in the last 3 months
- You've had serious illnesses like Typhoid, Rabies, Meningitis or other rare diseases
- A family member has had CJD (also called Mad Cow Disease)
- You have or had TB, liver problems, jaundice, or any STI
- You've been to places where tropical diseases are a risk (ask the team if unsure)
- You've received animal parts in medical treatment, or had a brain/eye surgery, or take strong immune system medicine

If any of this sounds like you, the team will talk it through and help you understand why.

**It's okay to say no – you don't need to give a reason, and your medical care won't be affected.**

If you'd like to donate your bone to help others, just ask your doctor or nurse during your clinic visit. They'll help you fill out a form to give your consent.

The RJAH team says thank you – your kindness can make a big difference!

## **Need Help or Have Questions?**

Call: **01691 404244** (the Tissue and Bone Bank)

Email: **[rjah.tissue.bank@nhs.net](mailto:rjah.tissue.bank@nhs.net)**

or talk to your doctor before signing the form

**If you're worried about infections like HIV, Hepatitis, or Syphilis, you can call the Sexual Health Line on 0300 1237123 – they're there to help.**

## If you require a special edition of this leaflet

This leaflet is available in large print

Arrangements can also be made on request for it to be explained in your preferred language. Please contact the Patient Advice and Liaison Service (PALS) email: [rjah.pals.office@nhs.net](mailto:rjah.pals.office@nhs.net)

### Feedback

Tell us what you think of our patient information leaflet. Please send your comments to the Patient Advice and Liaison Service (PALS) email: [rjah.pals.office@nhs.net](mailto:rjah.pals.office@nhs.net)

For more information, please visit the Tissue and Bone Bank page on our website: [www.rjah.nhs.uk/our-services/theatres-and-anaesthesia/tissue-and-bone-bank](http://www.rjah.nhs.uk/our-services/theatres-and-anaesthesia/tissue-and-bone-bank)

### References:

Joint UK Blood Transfusion and Tissue Transplantation Services Professional Advisory Committee (JPAC)  
Human Tissue Authority (2023) Code of Practice – A – Guiding Principles and the Fundamental Principle of Consent  
Human Tissue Authority (2023) Code of Practice – F – Living Organ Donation

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**The Robert Jones and Agnes Hunt**  
**Orthopaedic Hospital NHS Foundation Trust**  
Oswestry, Shropshire SY10 7AG

**Tel: 01691 404000**

**Web: [www.rjah.nhs.uk](http://www.rjah.nhs.uk)**