

## If you require a special edition of this leaflet

This leaflet is available in large print. Arrangements can also be made on request for it to be explained in your preferred language. Please contact the Patient Advice and Liaison Service (PALS) email: [pals.office@rjah.nhs.uk](mailto:pals.office@rjah.nhs.uk)

### Feedback

Tell us what you think of our patient information leaflet. Please send your comments to the Patient Advice and Liaison Service (PALS) email: [pals.office@rjah.nhs.uk](mailto:pals.office@rjah.nhs.uk)

Date of publication: May 2016

Date of review: May 2018

Author: Adrian Bailey

© RJAHTrust 2016

# Information for patients

## Your Spiritual Care



The Robert Jones and Agnes Hunt  
Orthopaedic Hospital NHS Foundation Trust,  
Oswestry, Shropshire SY10 7AG  
Tel: 01691 404000  
[www.rjah.nhs.uk](http://www.rjah.nhs.uk)

## You don't have to be 'religious' to have spiritual needs.

The Spiritual is about that which gives you meaning, purpose, fulfilment, and hope in life. It is about values and your place in the world. It is about relationships- with people or your God. It is about being in touch with something larger and deeper that puts the present situation in perspective. It is about the whole 'you', not just the part that needs physical healing.

If you follow a particular religion, your spiritual needs may well be of a religious nature.

Often when people are ill, spiritual needs come to the surface.

Research shows that good spiritual health helps physical and mental healing.

## Some examples of spiritual need

- You feel isolated or lonely;
- You feel you're no use to anyone;
- You lack hope for the future;
- You have worries or feelings of guilt;
- You have problems with relationships- with people or with God
- You are feeling the effects of bereavement;
- You've had some bad news that is going to change your life;
- You are afraid of dying;
- You feel angry with God;
- You feel you have offended God or He's abandoned you;
- You would like someone to pray with you;
- You would like to receive Holy Communion or anointing with oil for healing;
- You want to thank God for some good news.

## How we can help you

If you have a spiritual need you may want to talk to a member of staff you trust about it. Alternatively, you may want to see one of the chaplains. Please ring 01691 404249 and leave a message if you want to see a chaplain, remembering to state your name and location.

The multi-faith room is location 36. It is situated at the east end of the hospital opposite the hairdresser's, and is open 24 hours a day. Leading off from the room is a contemplation garden. People of all faiths and none are welcome to use it. There is a prayer pebble pool in place of a candle stand. If you have prayer requests, these can be made using slips of paper which you can deposit in the chaplaincy post box.

If you would like to attend the Christian Sunday morning service (10am-10.30am) but need help getting there, please mention it to a member of the nursing staff the day beforehand so that they can arrange for someone to escort you.

If you are Welsh speaking, our Welsh-speaking minister can call on you if you wish.

If you have cultural needs, or follow a religion other than Christianity, please speak with a member of nursing staff or a chaplain. We will try and help you, and if you would like, can call in a representative of your religion.

## Our Commitment to you

### Confidence

Information you tell staff, including chaplains, will be held in confidence, in accordance with Trust policy and UK law.

### Non-judgmental

Whatever you talk to us about, we're not here to judge or criticise.

### Gentleness and Respect

No chaplain or member of staff is out to convert you to their religion or way of thinking.

## Chaplaincy Team



The Revd Prebendary  
**Adrian Bailey**  
*Church of England*



The Revd Stephen  
**McKenna**  
*Roman Catholic Chaplain*



The Revd Gareth Huws  
*Welsh speaking free  
church chaplain*



The Revd Anne Stratford  
*Church of England  
volunteer chaplain*



Mr **Bill Bowen**  
*Church of England  
volunteer chaplain*



Miss **Hilary Prescott**  
*Church of Wales volunteer  
chaplain*



The Revd **Nick Finlay**  
*Church of England  
volunteer chaplain*