

Therapy Assessment & Treatment Timeline (THR & TKR)



Additional Information

Please note you may complete all these steps in one therapy session and be discharged the same day as your operation

Additional Information Stage 2

Therapy goals will be assessed; this includes ensuring you can independently walk with an aid, you can negotiate stairs safely & you are independent with getting on/off a bed, chair & toilet

Additional Information Stage 5

Please ensure you have completed your heights form prior to your surgery using the My Recovery App