

Abbreviation List ABC

| Abbreviation | Definition |
|--------------|-----------------------------|
| # | Fracture |
| + | Mild |
| ++ | Moderate |
| +++ | Severe |
| +ve | Positive |
| -ve | Negative |
| ↑ | Increased |
| ↓ | Decreased |
| @ | At |
| ° | Nil/none/no |
| > | More Than |
| < | Less Than |
| % | Complains of |
| ≈ | Approximately |
| 1/7 | No of days |
| 1/52 | No of weeks |
| 1/12 | No of months |
| ċ | With |
| ċ/o | without |
| Tick | completed |
| Two Ticks | Completed with no issues |
| 4/3 WW | Four / Three Wheeled Walker |

| Abbreviation | Definition |
|----------------|---|
| A | Analysis |
| A&E | Accident and Emergency |
| A/A | As above |
| AA | Attend Anywhere |
| AAROM | Active assisted ROM |
| Abd | Abduction |
| AbN | Abnormal |
| ACBT | Active Cycle of Breathing |
| ACI | Autologous Chondrocyte implantation |
| ACJ | Acromio Clavicular Joint |
| ACLR | Anterior Cruciate Ligament Reconstruction |
| ACL | Anterior Cruciate Ligament |
| Add | Adduction |
| ADL | Activities of Daily Living |
| AF | Atrial Fibrillation |
| AFO | Ankle foot orthotic |
| Agg | Aggravating factors |
| AIIS | Anterior inferior iliac spine |
| AK | Above knee |
| AKA | Above knee amputation |
| AKP | Anterior Knee Pain |
| ALIF | Anterior Lumbar Interbody Fusion |
| AM | AM |

| | |
|-------------|--------------------------------|
| Ant | Anterior |
| Ao1 | Assistance of 1 |
| AROM | Active Range of Movement |
| ASIS | Anterior superior iliac spine |
| ATFL | Anterior talo-fibular ligament |
| ATSP | Asked to see patient |
| A/W | Awaiting |
| Ax | Assessment |

| Abbreviation | Definition |
|------------------|--------------------------|
| B/L | Bilateral |
| BB or B+B | Bladder and Bowel |
| BEA | Below Elbow Amputation |
| BK | Below knee |
| BKA | Below knee amputation |
| BKFO | Bent knee fall out |
| BMI | Body Mass Index |
| BNO | Bowels not open |
| BO | Bowels opened |
| BOS | Base of support |
| BP | Blood Pressure |
| BPM | Beats per minute |
| BR | Bed Rest |
| BSTO | Breath sounds throughout |
| BTB | Bone to Bone |

| Abbreviation | Definition |
|--------------|---------------------------------------|
| c/o | Complains of |
| C5 | 5th Cervical Vertebra |
| Ca | Cancer |
| CCR | Complete cartilage regeneration |
| CES | Cord Equina Syndrome |
| CKC | Closed Kinetic Chain |
| CMC | Carpo metacarpal joint |
| Cm | Centimetre's |
| CNS | Central nervous system |
| COPD | Chronic Obstructive Pulmonary Disease |
| Cont | Continuous |
| CPM | Continuous Passive Movement |
| CRPS | Complex regional pain syndrome |
| CTEV | Congential Talipes Equino Varus |
| CTPA | CT Pulmonary Angiogram |
| CxSp | Cervical Spine |
| CVA | Cerebrovascular |
| CVA | Cardiovascular Accident |
| CXR | Chest X-Ray |
| CT scan | Computerised tomography scan |

| Abbreviation | Definition |
|--------------------|--|
| D0PO | Day 0 post op |
| DADL | Domestic activities of od daily living |
| D/C | Discharge |
| D/W | Discussed with |
| DA | Drop Attacks |
| DF | Dorsi flexion |
| DFO | Distal femoral osteotomy |
| DFKB | Dorsiflexion with knee bent |
| DFKS / DFKE | Dorsiflexion with knee straight / extended |
| DHS | Dynamic Hip screw |
| DHx or DH | Drug History |
| DHR | Double heel raise |
| DIP/PIP | Distal/Proximal interphalangeal joint |
| Dist | Distance |
| DNACPR | Do not attempt cardiopulmonary resuscitation |
| DNAR | Do not attempt resuscitation |
| DNA | Did not attend |
| DNR | Do not resuscitate |
| DOB | Date of Birth |
| Dr | Doctor |
| DVT | Deep vein thrombosis |
| Dx | Diagnosis |

| Abbreviation | Definition |
|---------------------|-------------------------------|
| E/C | Elbow Crutches |
| ECG | Electrocardiogram |
| EMS | Early Morning Stiffness |
| EOR | End of Range |
| EOR | Exercise on Referral |
| EPR | Electronic Patient Record |
| ER | Enhanced recovery |
| EUA | Examination under anaesthetic |
| Evn / Ev | Eversion |
| Ext / Ex / E | Extension |
| Ex's | Exercises |
| ETT | Elastic Therapeutic Taping |
| ER / Ext rot | External rotation |

| Abbreviation | Definition |
|---------------|-------------------------------------|
| F/U | Follow up |
| F2F | Face to Face |
| FBC | Full blood count |
| FC | Femoral condyle |
| FES | Functional Electrical Stimulation |
| FET | Forced Expiratory Technique |
| FEV | Forced Expiratory Volume |
| Flex / Fx / F | Flexion |
| FMS | Fibromyalgia Syndrome |
| FROM | Full Range of Movement |
| FSTS | Free Standing Toilet Frame |
| FVC | Forced Vital Capacity |
| FWB | Full weight bearing |
| FH or FHx | Family history |
| FP | Further practice |
| FTA / TFA | Foot-thigh angle / thigh-foot angle |

| Abbreviation | Definition |
|-------------------------|------------------------------------|
| GA | General Anaesthetic |
| Gastroc | Gastrocnemius |
| GBS | Guillian-Barre Syndrome |
| GB | Gall Bladder meridian |
| Gd | Grade |
| GHJ | Gleno humeral joint |
| Glut Max/Med/Min | Gluteus Maximus/Medius/Minimus |
| Gluts | Gluteus |
| GP | General Practitioner |
| GTPS | Greater Trochanteric Pain Syndrome |

| Abbreviation | Definition |
|--------------|------------------------------|
| Ham | Hamstring |
| HA | Headache |
| Hb | Haemoglobin |
| HBB | Hand Behind Back |
| HBH | Hand Behind Head |
| HCA | Health Care Assistant |
| HDU | High Dependency Unit |
| HEP | Home Exercise Programme |
| HGF | High Gutter Frame |
| HHA | Handheld Assistance |
| HPC | History of Present Condition |
| HR | Heart Rate |
| Hrs | Hours |
| HTO | High Tibial Osteotomy |
| HWB | Heel Weight Bearing |
| Hx | History |
| (H) | Home |

| Abbreviation | Definition |
|--------------|-------------------------------------|
| I | Independent |
| IA | Initial Assessment |
| ICU | Intensive Care Unit |
| IDDM | Insulin Dependent Diabetes Mellitus |
| IDSH | Ideal sitting height |
| IHD | Ischaemic Heart Disease |
| Inv / In | Inversion |
| IP / I/P | Inpatient |
| IPPT | Inpatient Physiotherapy |
| IP jt | Interphalangeal Joint |
| IR | Internal Rotation |
| IRQ | Inner Range Quads |
| ITB | Iliotibial band |
| IV | Intravenous infusions |
| ISQ | In status quo |
| Int | Intermittent |

| Abbreviation | Definition |
|---------------------|-------------------|
| Jt | Joint |

| Abbreviation | Definition |
|---------------------|-------------------|
| KI | Kidney meridian |
| Kn | Knee |
| KE | Knee extension |
| KF | Knee flexion |

| Abbreviation | Definition |
|-------------------------|---------------------------|
| L or Lt | Left |
| L5 | 5 Lumbar Vertebra |
| LA | Local anaesthetic |
| LBP | Lower Back Pain |
| LF | Little Finger |
| LHPS | Lateral Hip Pain Syndrome |
| LI | Large intestine meridian |
| Li/LR | Liver meridian |
| LL | Lower Limb |
| LMR | Lateral meniscus repair |
| LOS | Length of stay |
| LR/L Rot/Lat rot | Lateral Rotation |
| LSF | Left side Flexion |
| Lu | Lung Meridian |
| Lx Sp | Lumbar Spine |

| Abbreviation | Definition |
|------------------------|---|
| Max | Maximum |
| MCL | Medial Collateral Ligament |
| MCLR | Medial Collateral Ligament Reconstruction |
| MCP | Metacarpal Phalangeal Joint |
| MDT | Multidisciplinary Team |
| Meds | Medication |
| MFR | Myofascial Release |
| MF | Middle Finger |
| Min | Minimum |
| MMR | Medical Meniscus Repair |
| MPFL | Medial Patellofemoral Ligament |
| MPFLR | Medial Patellofemoral Ligament Reconstruction |
| MR/MRot/Med rot | Medial Rotation |
| MRI | Magnetic Resonance Imaging |
| MRSA | Methicillin-resistance Staphylococcus aureus |
| MSU | Midstream Urine Sample |
| MT | Metatarsal joint |
| MUA | Manipulation Under Anesthetic |
| MWM | Mobilisation with Movement |

| Abbreviation | Definition |
|--------------|---|
| N/A | Not Applicable |
| NAD | No abnormalities detected |
| NAG | Natural apophyseal Glide |
| NBM | Nil by mouth |
| NC | Nasal cannula |
| Neb | Nebuliser |
| NG | Nasogastric |
| NIDDM | Non-Insulin Dependent Diabetes Mellitus |
| NKDA | No Known Drug Allergies |
| NOF | Neck of femur |
| NOK | Next of Kin |
| NRS | Numerical rating scale |
| NSAIDS | Nonsteroidal Anti-Inflammatory Drugs |
| NS | Nursing staff |
| NWB | Non-weight bearing |
| NRS | Numerical Rating Scale |
| NBI | No bony injury |
| NCS | Nerve conduction studies |
| NMES | Neuromuscular Electric Stimulation |

| Abbreviation | Definition |
|----------------------|---|
| O₂ | Oxygen |
| O/Obj | Objective |
| OA | Osteoarthritis |
| OATS | Osteochondral Autograft Transfer System |
| Obs | Observation |
| O/E | On Examination |
| OKC | Open Kinetic Chain |
| OP | Over Pressure |
| OPD | Outpatient Department |
| OPPT | Outpatient Referral |
| ORIF | Open Reduction Internal Fixation |
| OT | Occupational Therapist / Therapy |
| Ortho | Orthopaedics |
| OP | Over-pressure |
| O/P | Outpatient |
| Occ | Occasional |

| Abbreviation | Definition |
|--------------|--|
| P | Plan |
| (P) | Pain |
| PACS | - |
| PADL | Personal activities of daily living |
| PAO | Periacetabular osteotomy |
| PCL | Posterior Cruciate Ligament |
| PCLR | Posterior Cruciate Ligament Reconstruction |
| PEEP | Positive and expiratory pressure |
| PF | Plantar Flexion |
| PFME | Pelvic Floor Muscle Exercises |
| PLM | Partial lateral meniscectomy |
| PMH | Past Medical History |
| PMM | Partial medial meniscectomy |
| POC | Package of Care |
| POP | Plaster of Paris |
| Pop ° | Popliteal angle |
| PRH | Princess Royal Hospital |
| PROM | Passive Range of Movement |
| PSAG | Patient at a glance |
| PT | Physiotherapist/Physiotherapy |
| Pt | Patient |
| PKB | Prone knee bend |
| PTSD | Post-Traumatic Stress Disorder |

| | |
|-------------|--|
| PU | Passed Urine |
| PWB | Partial Weight Bearing |
| P+N | Pins and needles |
| PC | Presenting condition |
| PFJ | Patellar-femoral joint |
| PSIS | Posterior Superior Iliac Spine |
| PE | Physical Education or Pulmonary Embolism |
| PG | Plantigrade |

| Abbreviation | Definition |
|--------------|---------------|
| QDS | 4 times a day |
| Quads | Quadriiceps |

| Abbreviation | Definition |
|----------------|--------------------------------------|
| R or Rt | Right |
| RA | Rheumatoid Arthritis |
| RC | Rotator Cuff |
| RCJt | Radio carpal joint |
| RCR | Rotator Cuff Repair |
| Rehab | Rehabilitation |
| RF | Rollator frame |
| RJAH | Robert Jones and Agnes Hunt Hospital |
| RN | Registered Nurse |
| ROM | Range of Movement |
| Rot L/R | Rotation left/right |
| RR | Respiratory Rate |
| RSF | Right side flexion |
| RSH | Royal Shrewsbury Hospital |
| RTA/C | Road traffic accident/collision |
| RTW | Return to Work |
| R-U Jt | Radio Ulnar Joint |
| RV | Review |
| Rx | Treatment |
| RTS | Return to Sport |
| r/o | Removal of |
| romw | Removal of metalwork |

| Abbreviation | Definition |
|--------------|---|
| S+S | Slings and Springs |
| S | Subjective |
| SAD | Subacromial decompression |
| SALT | Speech and language therapist |
| SA | Saddle anaesthesia |
| SCI | Spinal Cord Injury |
| Sens | Sensation |
| Sh | Shoulder |
| SHx /SH | Social History |
| SIJ | Sacro Iliac Joint |
| SIN | Severity, irritability, nature |
| SLAP | Superior labrum anterior and posterior |
| SLR | Straight Leg Raise |
| SOAP | Subjective, Objective, Assessment, Plan |
| SOBOE | Short of breath on exertion |
| SOEOB | Sat on edge of bed |
| SpO2 | Saturation of peripheral oxygen |
| SQ | Static Quads |
| SS | Social Services |
| STS | Sit to stand |
| Sup | Supination |
| S/V | Supervision |
| Svo1 | Supervision of 1 |

| | |
|------------|-------------------------|
| | |
| SLB | Single leg bridge |
| SLS | Single leg stand |
| SL | Side lying / single leg |
| SF | Side flexion |
| SLD | Single led dip |
| SHR | Single heel raise |

| Abbreviation | Definition |
|----------------|---|
| T10 | 10 thoracic vertebrae |
| TA | Achilles Tendon / transversus abdominus |
| TAP | Therapy Associate Practitioner |
| TAR | Total Ankle Replacement |
| TCI | To come in |
| TENS | Trans Cutaneous Electrical Stimulation |
| TER | Total Elbow Replacement |
| T/F | Transfer |
| THR | Total Hip Replacement |
| TIA | Transient Ischaemic Attack |
| TKR | Total Knee Replacement |
| TLIF | Transforaminal Lumbar Interbody Fusion |
| TLSO | Thoracolumbosacral orthosis |
| TMJ | Temporo Mandibular Joint |
| TSR | Total Shoulder Replacement |
| TSW | Therapy Support Worker |
| TTD | Tibial Tubercle Distalisation |
| TTO | To take out |
| TTO | Tibial Tubercle Osteotomy |
| TTT | Tibial Tubercle Transfer |
| TTWB | Toe Touch Weightbearing |
| TxSp | Thoracic Spine |
| T ⁿ | Traction |

| | |
|----------------|---|
| TOP | Tenderness of palpation |
| THREADS | Thyroid, Heart, Rheumatoid Arthritis, Epilepsy, Asthma, Diabetes, Surgery, Steroids |

| Abbreviation | Definition |
|---------------------|-----------------------------------|
| UKR | Unicompartmental Knee Replacement |
| UL | Upper Limb |
| US / USS | Ultrasound / Ultrasound scan |
| UTA | Unable to attend |
| UTI | Urinary Tract Infection |

| Abbreviation | Definition |
|---------------------|--------------------------|
| VAS | Visual Analog Scale |
| VC | Vital Capacity |
| VCG | Verbal Consent Gained |
| VS | Vital Signs |
| VMO | Vastus Medialis Obliquus |

| Abbreviation | Definition |
|---------------------|-----------------------------------|
| 4/3/2 WW | Four / Three / Two Wheeled Walker |
| W/ch | Wheelchair |
| W+D | Washing and dressing |
| WB | Weightbearing |
| WBAT | Weight bear of tolerated |
| WSS | Wooden Soled Shoe |
| Wt | Weight |
| WZF | Wheeled Zimmer Frame |
| WNB | Was Not Brought |
| WBS | Weight Bearing Status |
| w/o | without |

| Abbreviation | Definition |
|--------------|-----------------------------|
| X-Ray | X-Radiation |
| XLIF | Extreme Lateral Body Fusion |

| Abbreviation | Definition |
|--------------|------------|
| y/o | Years old |

| Abbreviation | Definition |
|--------------|--------------|
| ZF | Zimmer Frame |