



## Mr Birender Balain

Consultant Orthopaedic Surgeon  
*Specialising in Spinal Disorders*



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Practising since: **2004**  
Insurance providers accepted:  
**Bupa, Axa, Aviva, WPA**

### Orthopaedic Interests

- All aspects of spinal deformity including trauma
- Research interests include cervical myelopathy, degenerative lumbar spine disorders and back pain, spinal biomechanics, spine-related basic sciences research, degenerative, tumours and deformity
- MIS surgery expert and regularly involved in teaching this technique in national and international courses and conferences
- Leading expert in UK on spine endoscopy – regularly uses this technique for cervical spine, thoracic spine and lumbar spine cases.

PHIN Profile: [www.phin.org.uk/profiles/consultants/mr-birender-balain-184541](http://www.phin.org.uk/profiles/consultants/mr-birender-balain-184541)

