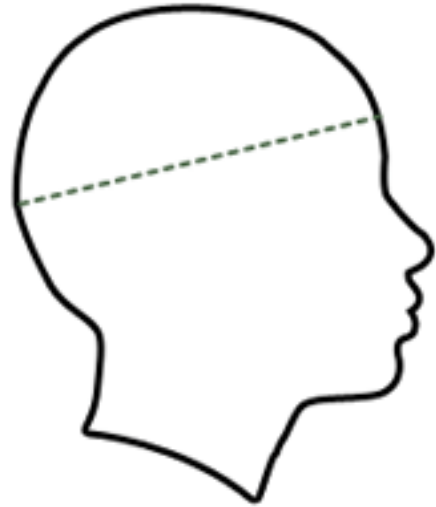


Virtual Measuring Guide – Soft Stock Helmet

- Take the measurement under instruction of the orthotist during virtual appointment.
- Using the 'cm' side of the tape measure provided, use two hands to measure around the patient/person's head.
- Ensure there is no slack in the tape, but do not pull it tight.
- Measure from around the back of the head at the flattest part, and pull upwards to the forehead as per the diagram.
- Ensure the tape is not twisted or at an angle, and sits approximately 15mm above brow line.
- Take the measurement in cm from the forehead.



Following this, your orthotist will select the most appropriate size and your helmet will be posted out to you. Please refer to fitting instructions you have already received. Please comply with orthotist instructions and advice regarding fitting and use.



Your stock soft helmet may look something like this. It is available in blue, red or brown.