

Want To Know More?

Want to talk?

## Adult Support Groups

**Below is a List of Support Groups for some of the conditions that we manage here in Orthotics**

**The Arthritic Association** is dedicated to supporting people with arthritis to manage their condition naturally and enjoy a more active life with less pain.

More information can be found online at [www.arthriticassociation.org.uk](http://www.arthriticassociation.org.uk)



**The British Polio Fellowship** provides information, welfare and support to those living with the effects of polio and post-polio syndrome to enable all to live independent and integrated lives.

More information can be found online at [www.britishpolio.org.uk](http://www.britishpolio.org.uk)



**Charcot-Marie-Tooth Disease UK** supports those who have CMT, also known as Hereditary Motor and Sensory Neuropathy or Peroneal Muscular Atrophy.

More information can be found online at [www.cmt.org.uk](http://www.cmt.org.uk)



**Diabetes UK** is the leading charity that cares for, connects with and campaigns on behalf of every person affected by or at risk of diabetes.

More information can be found online at [www.diabetes.org.uk](http://www.diabetes.org.uk)



**Down syndrome association** Provides information and support on all aspects of living with Down syndrome to all who need it.

More information can be found online at [www.downs-syndrome.org.uk](http://www.downs-syndrome.org.uk)



**Scope** provides support, advice and information for more than a quarter of a million disabled people and their family members every year.

More information can be found online at [www.scope.org.uk](http://www.scope.org.uk)



## Children and Young Adult Support Groups

Below is a List of Support Groups for some of the conditions that we manage here in Orthotics

**Charcot-Marie-Tooth Disease UK** supports those who have CMT, also known as Hereditary Motor and Sensory Neuropathy or Peroneal Muscular Atrophy.

More information can be found online at [www.cmt.org.uk](http://www.cmt.org.uk)



**Childrens Chronic Arthritis Association** aim to give practical help and support to those affected by Juvenile Idiopathic Arthritis and provide various educational and recreational opportunities.

More information can be found online at [www.ccaa.org.uk](http://www.ccaa.org.uk)



**Down syndrome association** Provides information and support on all aspects of living with Down syndrome to all who need it.

More information can be found online at [www.downs-syndrome.org.uk](http://www.downs-syndrome.org.uk)



**HemiHelp** is a charity providing support and information to children and young adults with hemiplegia and their families in England, Scotland, Wales and Northern Ireland.

More information can be found online at [www.hemihelp.org.uk](http://www.hemihelp.org.uk)



**The Scoliosis Association (UK) (SAUK)** aims to provide advice, support and information to people with scoliosis and other spinal conditions, including kyphosis and lordosis.

More information can be found online at [www.sauk.org.uk](http://www.sauk.org.uk)



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More information can be found online at [www.scope.org.uk](http://www.scope.org.uk)



**STEPS** provide support to individuals, families and carers affected by clubfoot, hip dysplasia or any other lower limb condition.

More information can be found online at [www.steps-charity.org.uk](http://www.steps-charity.org.uk)

