



Worried?
Concerned?
Feeling a bit overwhelmed?

The RJAH Support Group is for people like you.

Talk to people who have been through it themselves.
We've all had hip or knee surgery and know exactly how it feels.

We won't offer medical advice, but we can point you in the right direction.

What we can do is offer emotional support and practical tips for day-to-day living,
helping you through your treatment and beyond.

For further information please contact:

Freja Evans Swogger (patient support group coordinator)

Tel: 01691 404608 | Email: pals.office@rjah.nhs.uk

or Alison Harper (PALS Office) on Tel: 01691 404606

The Robert Jones and Agnes Hunt
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