

Metabolic Bone Disease Service

Department Profile - Staff

Dr Mark Garton

Consultant Physician / Rheumatology / Service Lead Clinician

Type of Work: NHS and Private

Contacts

Metabolic Bone Service: 01691 404475 claire.mooney@rjah.nhs.uk
Rheumatology Service: 01691 404592 suzanne.davies@rjah.nhs.uk

Speciality: Rheumatology and Osteoporosis

Qualifications: MBBS (London 1985), MRCP (1988), MSc Public

Health (Aberdeen 1993), MD (London 1996), FRCP (Edinburgh 2001) FRCP (London 2005)

Professional Bodies: GMC/British Society of Rheumatology

Appointments: 1995 Perth Royal Infirmary (NHS Tayside), 2010 RJAH



Consultant Endocrinologist (part time)

Type of Work: NHS

NHS Contact: 01691 404475 angela.hardy@rjah.nhs.uk

Speciality: Metabolic Medicine

Clinical Interests: Metabolic bone disease, endocrinology

Qualifications: MA(Cambridge 1987); BMBCh (Oxford 1987);

MRCP (London 1990); PhD (Cambridge 1996)

Professional Bodies: BMA, Society for Endocrinology

Appointment: 2001 RJAH

Dr Mike Davie, Consultant Physician, retired in June 2010. He is no longer taking new referrals, however he has returned part time to arrange the continuing management of his long term patients.

The service is supported by radiographers, DXA technicians, specialist nurse, health care assistants and clinical scientists.





Metabolic Medicine - Information for GPs

Scope of Service

- 1. Diagnosis and management of adults with suspected metabolic bone disease
 - a. Postmenopausal and age-related osteoporosis
 - b. Glucocorticoid-induced osteoporosis and other secondary causes of bone loss such as:
 - gut disorders including coeliac disease and Crohn's disease
 - eating disorders, such as anorexia
 - immobility, including patients after stroke or spinal cord injury
 - endocrine disorders such as Cushing's disease
 - rheumatoid arthritis
 - alcohol induced
 - c. Male osteoporosis
 - d. Osteomalacia (may present with non-specific bone pain/muscle weakness, and does occur out with traditional risk groups)
 - Renal bone disease
 - f Primary hyperparathyroidism
 - g. Paget's disease
 - h Osteogenesis imperfecta

Selected patients can be referred for consideration of vertebroplasty or kyphoplasty procedures.

Facilities

Consultant out-patient clinics and bone densiometry are run daily at RJAH

We are able to administer IV infusions at the hospital or in outreach clinics as required

Biochemical markers of bone resorption are measured on site in a dedicated laboratory, as an aid to management.